## - 4 EUROMONITOR INTERNATIONAL <br> 50

## Consumer Lifestyles in South Korea

June 2023

Table of Contents

Scope
Consumer landscape in South Korea 2023
Personal traits and values
Voice of the consumer (1)
Consumers want to find time to enjoy themselves
Identity, status and values reflected in consumer attitudes and behaviour
Consumers appreciate innovation and look for new experiences
Younger consumers have a more positive outlook on their future
Personal traits and values survey highlights
Home life and leisure time
Active households are driving consumers to invest more in their home spaces
Consumers spend a good part of their leisure time engaging with friends online and offline
Energy efficiency is an important consideration for South Korean households
Proximity to public transport services valued by all generations
Demand for domestic leisure trips remain strong as consumers stay closer to home
Home life and leisure time survey highlights
Eating and dietary habits
Consumers pay more attention to the health benefits of the foods they eat
Lack of time to buy groceries and prepare home-cooked meals impacts meal choices Home cooking most regular choice but demand for snacks and restaurant food booming Consumers make their food choices based on perceived health benefits Consumers are willing to pay more for foods that have health and nutritional benefits Eating and dietary habits survey highlights
Working I ife
Expectations of high levels of employee health and safety apparent across generations
Voice of the consumer (2)
Conditions that allow for a strong work-life balance are important for many
Salaries and job security remain important job considerations
Many see their future working lives fitting more easily around their lifestyles
Working life survey highlights
Health and wellness
A high percentage of consumers use exercise to maintain their health and wellness
A growing number of consumers focusing on improving their mental wellbeing?
Consumers look for food attributes that they feel will benefit their health
Consumers continue to adopt technology solutions to manage their health and fitness
Health and wellness survey highlights
Shopping and spending
Cost-of-living crisis motivating consumers to find ways to manage their budgets Voice of the consumer (3)

Despite pressure on household budgets consumers want good quality products
Consumers seek out personalised and tailored shopping experiences
Consumers are becoming more mindful of the impact of their purchasing habits
Consumers embrace the circular economy and support brands that share their values Consumers engaging more with companies and brands through social media channels Data privacy is a concern, but technology is key to enhancing the shopper journey

Consumers are focusing their attention on spending on essentials and trying to save more Most generations have concerns around their current financial situation

Shopping and spending survey highlights

## About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research

## spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- Strategy Briefings: Global or regional in scope, and focussing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- Company Profiles: Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- Country Reports: For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link ww.euromonitor.com/consumer-lifestyles-in-south-korea/report.

