

Sleep Aids in Belgium

September 2023

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Sleep Aids in Belgium - Category analysis

KEY DATA FINDINGS

2023 DEVELOPMENTS

Conditions remain favourable for sales of sleep aids despite the end of the pandemic Competition intensifies as consumers go in search of the most effective products More gummies and advertising support

PROSPECTS AND OPPORTUNITIES

Sleep aids likely to remain popular but could suffer from increasing maturity Ingredients remain a key selling point for sleep aids but gummies could lose their way due to high prices Possible new competition from other consumer health products and the resilience of Rx medicines

CATEGORY DATA

Table 1 - Sales of Sleep Aids: Value 2018-2023Table 2 - Sales of Sleep Aids: % Value Growth 2018-2023Table 3 - NBO Company Shares of Sleep Aids: % Value 2019-2023Table 4 - LBN Brand Shares of Sleep Aids: % Value 2020-2023Table 5 - Forecast Sales of Sleep Aids: Value 2023-2028Table 6 - Forecast Sales of Sleep Aids: % Value Growth 2023-2028

Consumer Health in Belgium - Industry Overview

EXECUTIVE SUMMARY

Consumer health in 2023: The big picture 2023 key trends Competitive landscape Retailing developments What next for consumer health?

MARKET INDICATORS

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MARKET DATA

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DISCLAIMER

DEFINITIONS

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