



Sauces, Dips and Condiments in India

February 2026

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Sauces, Dips and Condiments in India - Category analysis

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2025 DEVELOPMENTS

Flavour staples underpin growth in 2025

INDUSTRY PERFORMANCE

Strong cooking culture continues to support steady demand for sauces, dips and condiments

Global food trends help shape consumer preferences

WHAT'S NEXT?

Convenience to drive demand for sauces, dips and condiments

Foodservice and quick commerce will gain traction

Prospective labelling regulatory revisions will encourage closer scrutiny from consumers

COMPETITIVE LANDSCAPE

Everest continues to lead through wide distribution reach and diverse range of dry recipe sauces

New entrants are small but impactful

CHANNELS

Small local grocers stay vital

Modern retailers and e-commerce see growth pushed by greater variety and convenience

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Cooking Ingredients and Meals in India - Industry Overview

EXECUTIVE SUMMARY

Cooking culture and price pressures underpin 2025 performance

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Cultural habits and evolving consumer preferences shape progress in 2025

Health trends impact purchasing decisions

Busy urban lifestyles push convenience demand

WHAT'S NEXT?

Improved economy and robust interest in home cooking ensure further growth for forecast period

Nutritional concerns will remain central for consumers
Labelling regulations set to sharpen focus on ingredient lists

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