

# Yoghurt and Sour Milk Products in Ireland

September 2023

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## Yoghurt and Sour Milk Products in Ireland - Category analysis

#### **KEY DATA FINDINGS**

#### 2023 DEVELOPMENTS

Healthier products come to the fore as Irish consumers focus more on nutrition Sustained popularity of cultured drinking yoghurt for boosting immune health Rising demand for high protein yoghurt as consumers demand better nutrition

#### PROSPECTS AND OPPORTUNITIES

Consumers set to continue embracing sour milk products for their health benefits

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