

# Yoghurt and Sour Milk Products in Lithuania

September 2023

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## Yoghurt and Sour Milk Products in Lithuania - Category analysis

#### **KEY DATA FINDINGS**

#### 2023 DEVELOPMENTS

Negative growth flows from the non-essential status of yoghurt and sour milk products Sour milk products proves more resilient than yoghurt amidst pressure on spending High sugar content of flavoured yoghurt undermines demand to a high degree

## PROSPECTS AND OPPORTUNITIES

No major changes expected in the prevailing trends in yoghurt and sour milk products Plain yoghurt set to benefit from its healthier status than flavoured yoghurt Premiumisation and health and wellness central to efforts to save flavoured yoghurt

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## **DISCLAIMER**

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