

HW Cooking Ingredients and Meals in New Zealand

November 2023

Table of Contents

HW Cooking Ingredients and Meals in New Zealand - Category analysis

KEY DATA FINDINGS

2022 DEVELOPMENTS

Climate change considerations influencing consumption preferences Vegetarian holds first place within health and wellness cooking ingredients and meals in 2022 No salt increasingly important in health and wellness cooking ingredients and meals due to consumer concerns pertaining to high salt levels in food

PROSPECTS AND OPPORTUNITIES

Cost of living pressures could create opportunities for private label growth Vegetarian most promising in health and wellness cooking ingredients and meals to 2027 Shift towards plant-based alternatives to benefit lactose free claims

CATEGORY DATA

Table 1 - Sales of Cooking Ingredients and Meals by Health and Wellness Type: Value 2019-2022

Table 2 - Sales of Cooking Ingredients and Meals by Health and Wellness Type: % Value Growth 2019-2022

Table 3 - Company Shares of Organic Cooking Ingredients and Meals (Biggest HW Type in Global Cooking Ingredients and Meals): % Value 2019-2022

Table 4 - Company Shares of Gluten Free Cooking Ingredients and Meals (2nd Biggest HW Type in Global Cooking Ingredients and Meals): % Value 2019-2022

Table 5 - Company Shares of Vegetarian Cooking Ingredients and Meals (3rd Biggest HW Type in Global Cooking Ingredients and Meals): % Value 2019-2022

Table 6 - Company Shares of Vegan Cooking Ingredients and Meals (4th Biggest HW Type in Global Cooking Ingredients and Meals): % Value 2019-2022

Table 7 - Company Shares of Natural Cooking Ingredients and Meals (5th Biggest HW Type in Global Cooking Ingredients and Meals): % Value 2019-2022

Table 8 - Forecast Sales of Cooking Ingredients and Meals by Health and Wellness Type: Value 2022-2027

Table 9 - Forecast Sales of Cooking Ingredients and Meals by Health and Wellness Type: % Value Growth 2022-2027

Health and Wellness in New Zealand - Industry Overview

EXECUTIVE SUMMARY

Overview

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