

June 2021

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purposes only.

Some content and data have been

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# Lifestyles Country Report Series: Set of Four Reports

This report is part of a series of four highly-visual reports covering the 40 markets surveyed in our annual Lifestyles survey.

**Consumer Lifestyles**: This report draws together the insights identified by the Lifestyles survey and provides analysis on the key trends.

**Megatrends**: Combines insights using the survey and how they connect with our eight Megatrends. Case studies demonstrate how companies are responding to changing attitudes and expectations in relation to each Megatrend.

**Consumer Types**: Understanding consumers beyond their demographic profile and providing a different perspective on country-specific consumer insights, particularly shopping habits and the path to purchase.

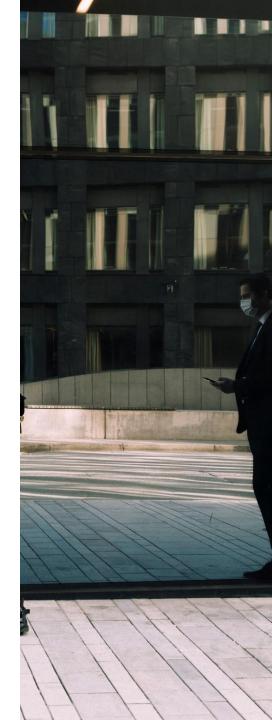
**Consumer Values and Behaviour**: Reviews shifting consumer traits and values that influence purchasing and consumption behaviours. (Visual only report)



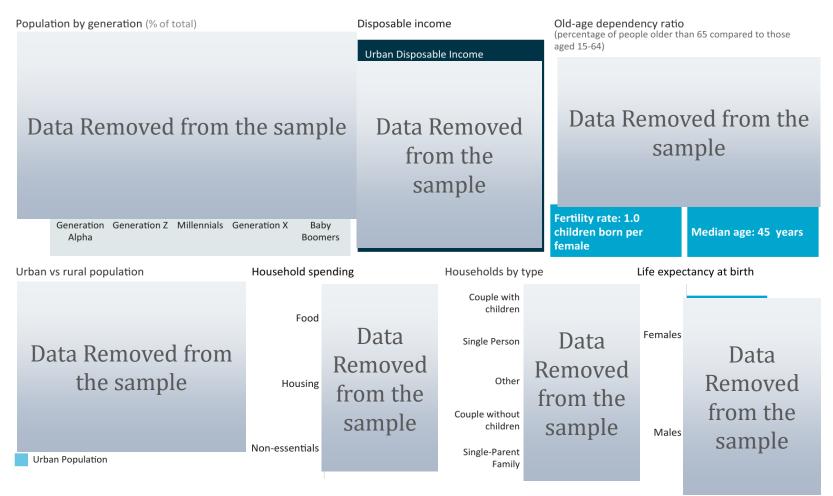


# Consumer Lifestyles in Hong Kong, China

- Consumer Landscape
- Life Priorities
- Home Life
- Eating Habits
- Working Life
- Sustainable Living
- Leisure Habits
- Health and Wellness
- Shopping
- Technology



# Consumer landscape 2021



## Life priorities

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# Nearly half of Hong Kong consumers like to have some "me time"



Note: Respondents who ranked these priorities in their Top 3

## Time for favourite activities is a top priority for busy lifestyles

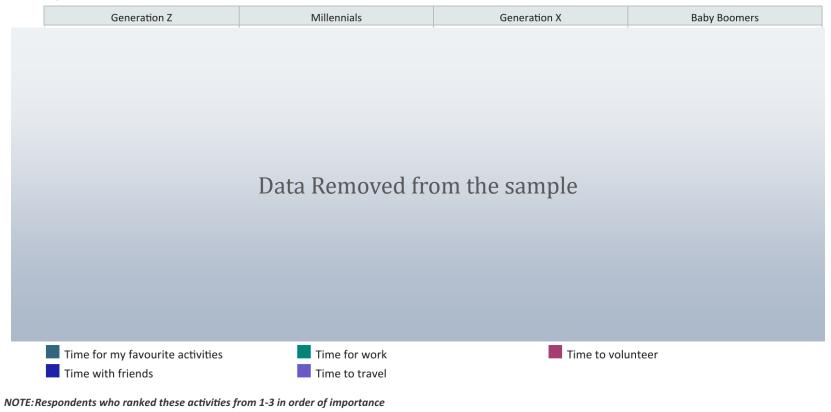


Note: Respondents who ranked these priorities in their Top 3

# Time for work less of a priority over other activities for young consumers

Prioritising time for activities by generation n=1,036

% of respondents



## Consumers want experiences that are tailored to them personally

Values: Status n=1,036			
% of respondents			
I seek curated experiences that are tailored to my tastes			
I like to be distinct from others			
It is important to me that other people think I am doing well	Data	a Removed fro	om the sample
You can tell a lot about a person from the car they drive			
I want products and services that are uniquely tailored to me			
	<ul><li>Strongly agree</li><li>Agree</li><li>Neither agree nor disagree</li></ul>		Disagree Strongly disagree

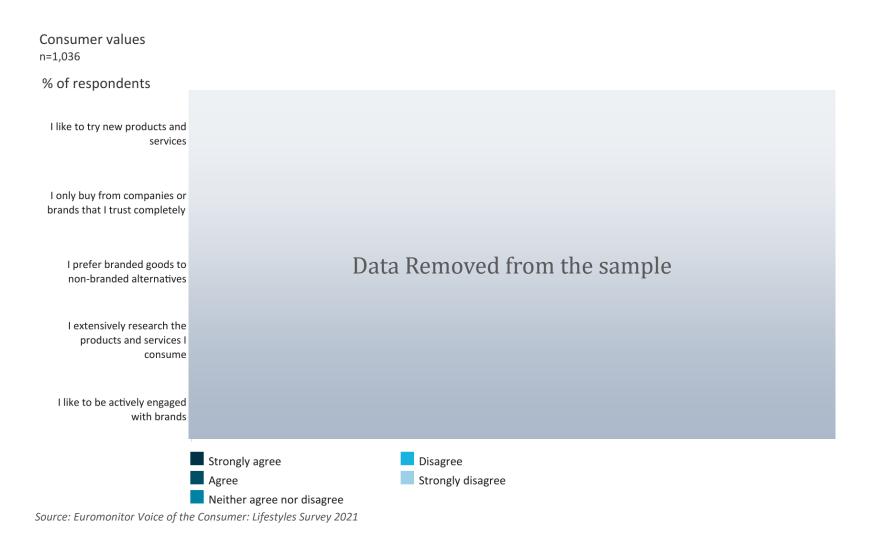
# Successful image is import to all generations, after tailored experiences

Values: Status by generation n=1,036

% of respondents (Agree or strongly agree)



## Consumers enjoy innovative products produced by trustworthy brands



# Older generations more likely to research first and buy based on trust

Consumer values by generation n=1,036

% of respondents (Agree or strongly agree)

	Generation Z	Millennials	Generation X	Baby Boomers
		Data Dama and fre		
		Data Removed fro	om the sample	
	I like to try new products and ser	vices		
	I prefer branded goods to non-br			
	I like to be actively engaged with			
	I extensively research the produc			
	I only buy from companies or bra	inds that I trust completely		
Source	: Euromonitor Voice of the Consumer: Lij	festyles Survey 2021		

# Home life

#### Content Removed from the sample

#### Data Removed from the sample

feel that pets are part of their family

regularly engage in home-based hobbies

of Millennials want a smart home

#### Data Removed from the sample

partipate in online fitness classes

regularly work from home

of Baby Boomers prioritise energy efficiency

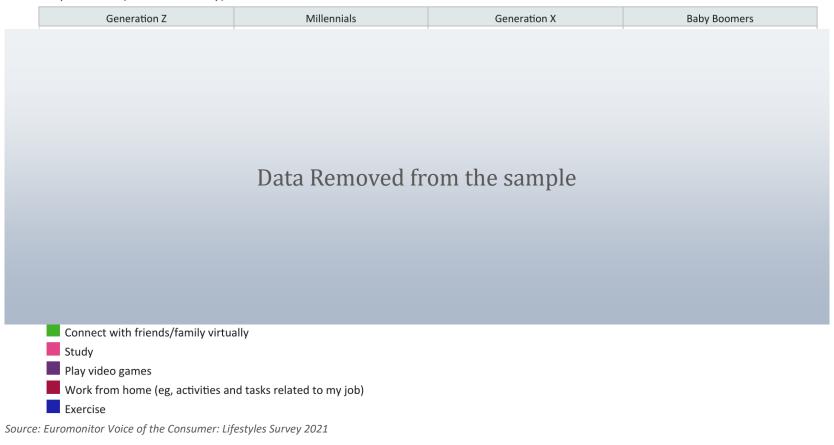
High levels of activity in households, but being connected is the main event



# Virtual connections important for all generations

Home activities by generation n= 1,036

% of respondents (At least weekly)



# Residents want homes that are well-connected to public transport

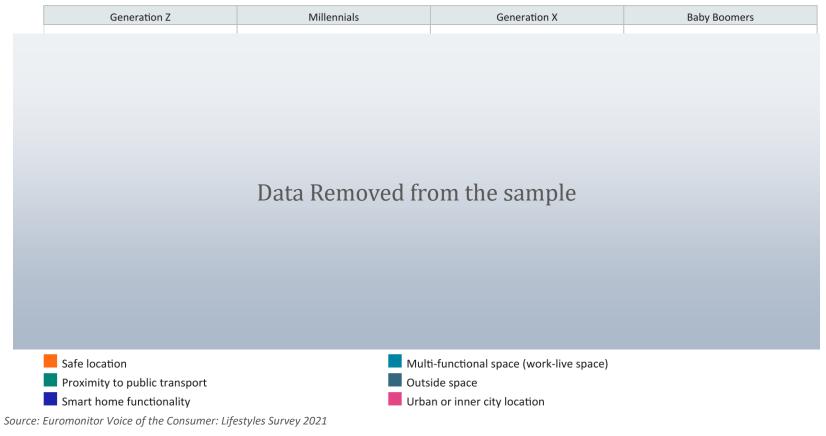


Source: Euromonitor Voice of the Consumer: Lifestyles Survey 2021

# Gen Z more enthusiastic about smart homes and multi-functionality

Most desirable home features by generation n=1,036

% of respondents



# Eating habits

#### Content Removed from the sample



Out of home meals, delivery and convenience food above global average



# Preparing food at home only slightly more popular than eating out

Meal preferences by generation n=1,036

% of respondents (At least weekly)

	Generation Z	Millennials	Generation X	Baby Boomers
		Data Removed fro	om the sample	
			*	
	Home cooked or baked			
	Eat at a restaurant			
	Reheat or prepare a ready meal			
	Order food for takeaway or pick u	up ready-made food		
	Order food for home delivery			
rce: Eur	comonitor Voice of the Consumer: Lifesty	les Survey 2021		

# Consumers seek premium foods with added health benefits

Most selected food features and n= 1,036	attributes
% of respondents	
Premium or gourmet	
Health and nutritional properties (e.g. omega-3)	
Low price	
All natural	
Superior taste	Data Removed from the sample
Ready to cook	ľ
Hormone free	
100% organic	
Non-GMO (genetically modified organism)	
Strong or well-known brand	

# Snacks are often consumed between meals by over 40% of consumers

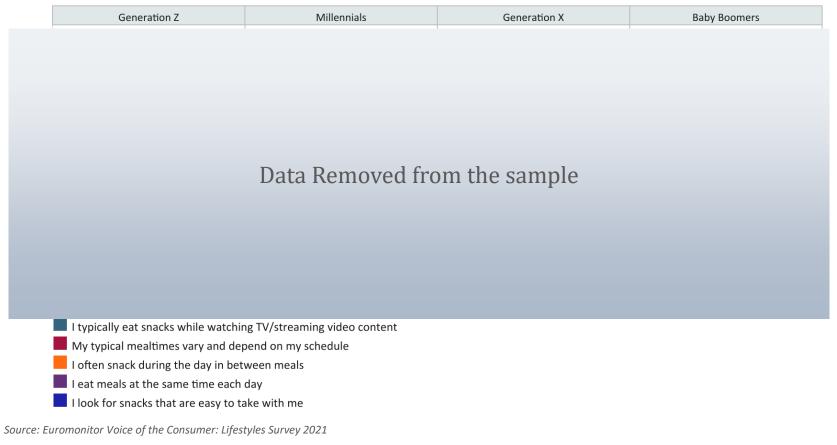
Eating and snacking behaviours n= 1,036	
% of respondents	
l often snack during the day in between meals	
I typically eat snacks while watching TV/streaming video content	
I eat meals at the same time each day	Data Removed from the sample
My typical mealtimes vary and depend on my schedule	
I look for snacks that are easy to take with me	

# Gen Z meal times more variable, and half enjoy screen time snacking

Eating and snacking behaviours by generation

n= 1,036

% of respondents



# Working life

### Content Removed from the sample



# Ability to earn a high salary outweighs importance of work-life balance

Most important work-related factors n=1,036 % of respondents			2
To earn a high salary			
To have job security			
To have a job that allows for a strong work-life balance			
To work for a company that takes ethical/social responsibilities seriously			
To work close to home	Data Removed from the sample	Data Re from the	
To set my own work hours			e sample
To have responsibility and challenging work			
To work for myself			
To be able to work from home			
Source: Euromonitor Voice of the Consumer: Lifestyles S	iurvey 2021		

# Work-life balance important for all generations, but especially Boomers

Selected work-life related factors by generation

n=1,036

% of respondents



# All generations expect to earn high salaries

Selected work-related expectations by generation n=1,036

#### % of respondents



# Flexibility and home-working front-of-mind for future working life

Future work expectations n= 1,022		
% of respondents		Global
Have flexible start and finish times		
Work from home		
Work past typical retirement age		
Work part-time		
Retire before retirement age		
Start my own company	Data Removed from the sample	Data Removed
Work on contract or freelance		from the sample
Work abroad		1
Have more than one job at a time		
Be self-employed		
Change industries		
Leave work to care for dependents		
Source: Euromonitor Voice of the Consumer: Lifest	yles Survey 2021	

## Prospects of working past retirement age high amongst Baby Boomers

Future work expectations by generation n=1,022

% of respondents

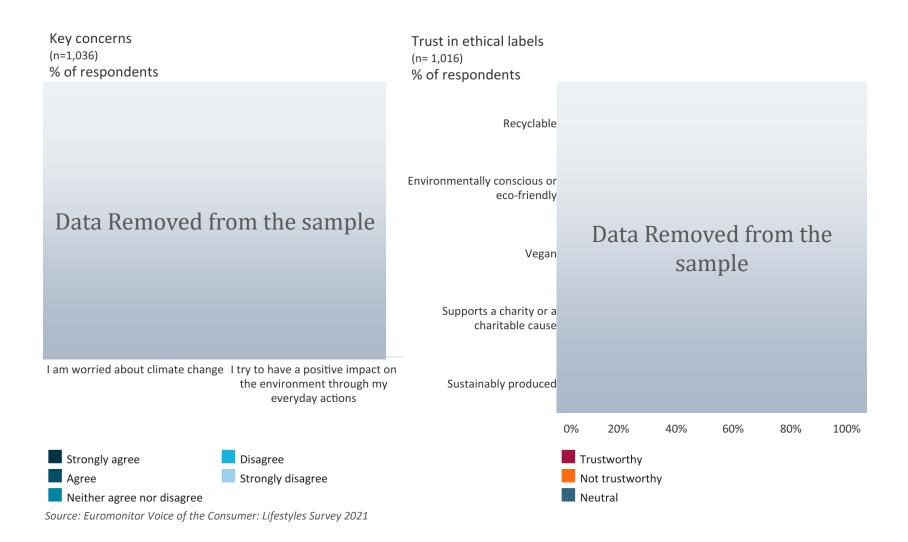


# Sustainable living

#### Content Removed from the sample



# Nearly 60% of respondents are worried about impact of climate change



# Older generations more engaged in actions to protect the environment

Key concerns by generation n=1,036

% of respondents (Agree or strongly agree)

Gener	ation Z	Miller	inials	Genera	ation X	Baby Bo	omers
Strongly agree	Agree	Strongly agree	Agree	Strongly agree	Agree	Strongly agree	Agree
		Data	love over d	fuere the e	a ma ma la		
		Data F	kemoved	from the s	ample		
	pout climate change						
		he environment thr	ough my everyday	actions			
Euromonitor Voice og	f the Consumer: Life	styles Survey 2021					

# Plastics and food waste biggest issues for consumers



## Reducing plastics use and food waste key concerns for Baby Boomers

Green behaviours by generation n= 547

% of respondents



Respondents less likely to repair than replace items than global average

Green activities n= 547		
% of respondents		Global
Use more energy efficient products		
Use sustainable packaging		
Repair broken items, rather than replacing	Data Removed from the sample	Data Removed
Donate to charities supporting the environment		from the sample
Buy sustainably-produced items		
Buy products and services from purpose-driven brands/companies		
Source: Euromonitor Voice of the Consumer: Lifest	tyles Survey 2021	

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# Using sustainable packaging and energy-efficient products important

Green activities by generation n= 547

% of respondents

Generation Z	Millennials	Generation X	Baby Boomers
		.1 1	
	Data Removed fr	om the sample	
Buy sustainably-produced items			
Use more energy efficient product	ts		
Use sustainable packaging			
Donate to charities supporting the			
Buy products and services from p			
Repair broken items, rather than i	eplacing		
Euromonitor Voice of the Consumer: Life			

# 30% of consumers ready to boycott brands that go against their beliefs

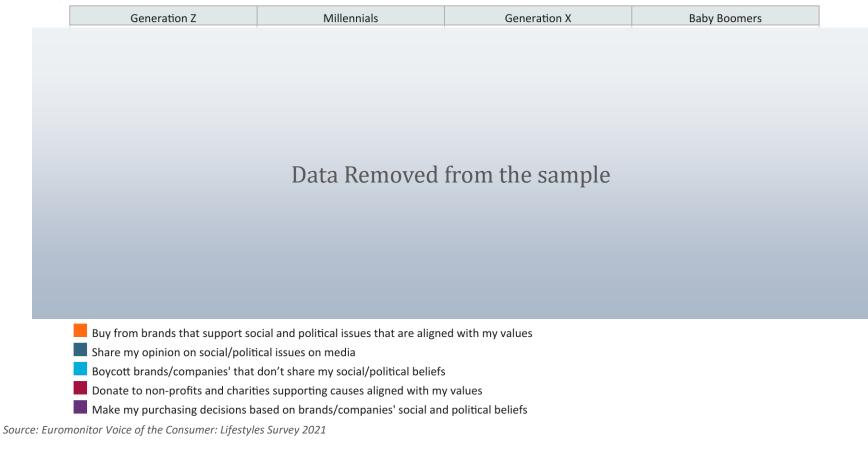
Political and social activities n= 490		
% of respondents		Global
Donate to non-profits and charities supporting causes aligned with my values		
Buy from brands that support social and political issues that are aligned with my values		
Boycott brands/companies' that don't share my social/political beliefs		
Share my opinion on social/political issues on media	Data Removed from the sample	Data Removed from the
Make my purchasing decisions based on brands/companies' social and political beliefs		sample
Attend community meetings		
Participate in rallies and protests		
Source: Euromonitor Voice of the Consumer: Lifestyles Survey 2021		

# Gen Z feel strongly about buying from brands that support their values

Political and social activities by generation

n= 490

% of respondents



### Leisure habits

#### Content Removed from the sample

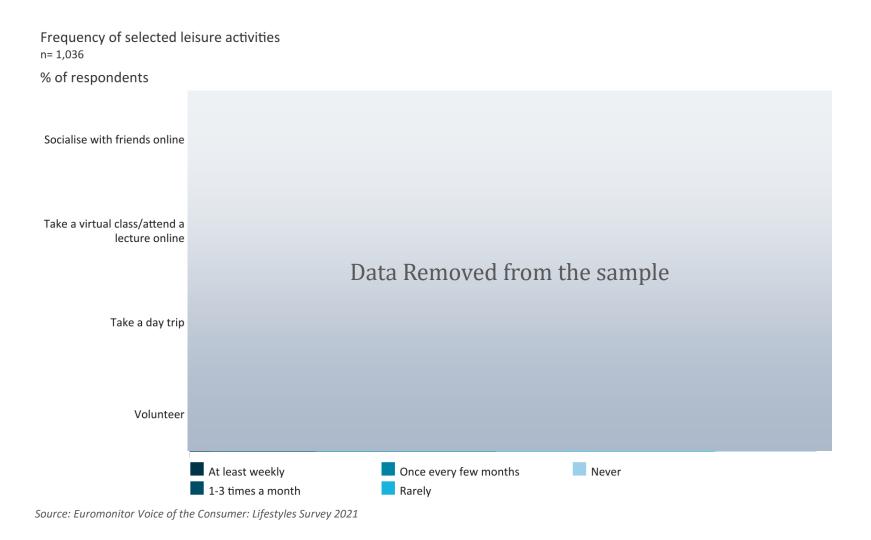


#### Data Removed from the sample

seek curated experiences that are tailored to their tastes

expect to increase spending on leisure travel will be spending more on experiences

### Over a third of respondents socialise online every week



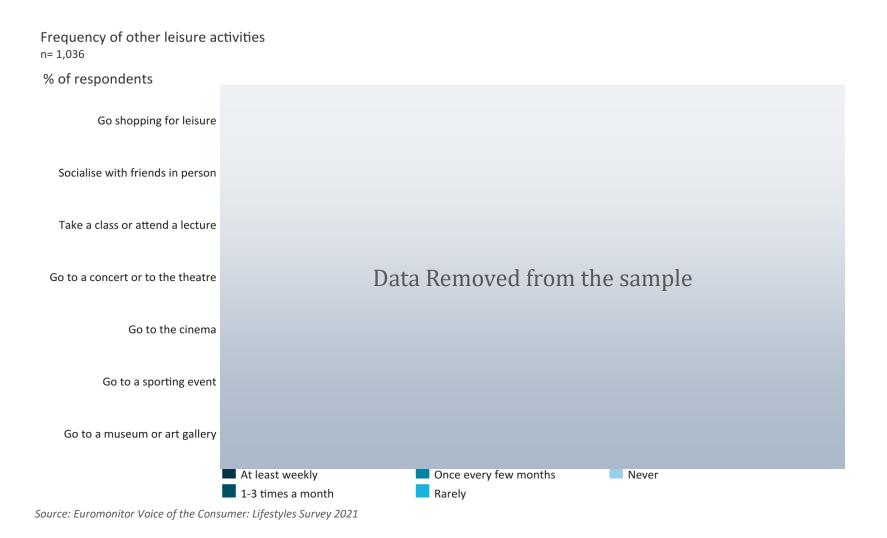
# Next to socialising, online classes are popular among all generations

Frequency of selected leisure activities by generation n=1,036

% of respondents (At least monthly)



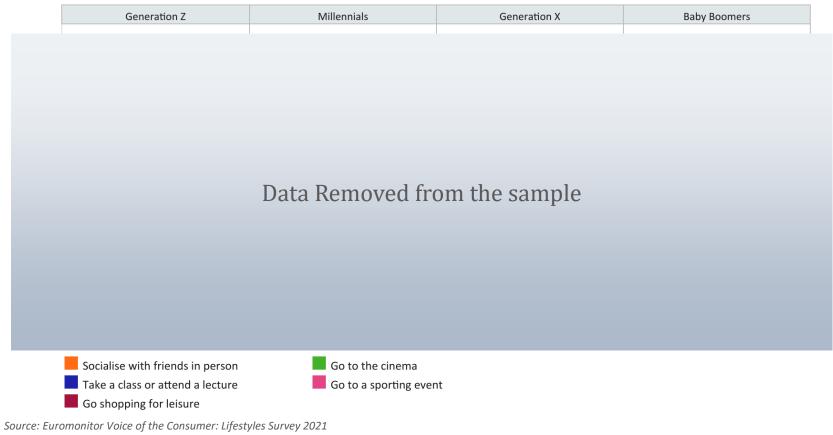
# Highest percentage of respondents shop as a leisure activity weekly



# Only Gen Z socialise more with friends in person than shop for leisure

Frequency of other leisure activities by generation n=1,036

% of respondents (At least monthly)



### Gen X and Millennials most active in going on domestic trips

Number of domestic and overseas trips in the previous 12 months  $_{n=\,1,036}$ 

% of respo	ndents	% of r	espor	nden	ts by	' gen	erati	on										
			G	Genera	ation Z			Miller	nnials		G	enera	ntion X	[	B	aby Bo	omers	;
1-3 trips						1												
4+ trips	Data Removed from the sample			]	Dat	ta I	Ren	nov	ved	fro	om	th	e s	am	ıple	Ç		
Did not take this type of trip			1-3 trips	4+ trips	1-3 trips	+ trips	1-3 trips	l+ trips	1-3 trips	l+ trips	-3 trips	H+ trips	-3 trips	l+ trips	1-3 trips	+ trips	1-3 trips	4+ trips
	Number of domestic personal trips		-	7	_				ational				1	7	Ļ	7	Ċ.	7
Source: Eurom	onitor Voice of the Consumer: Lifestyles Survey 202	21								-		-						

# Majority of holiday-makers want to go somewhere where they can relax

Most important travel features n= 1,036

% of respondents

Relaxation

Safe destination (no security concerns)

Quality of food or dining at destination

Nature and outdoor activities

Shopping

Convenient travel options

All-inclusive hotels and resorts

Immersion in local culture

Arts and heritage

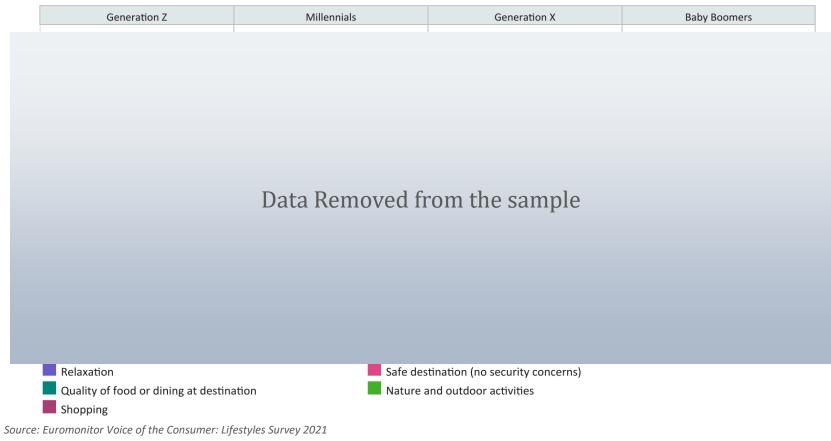
Family-oriented or child-friendly

Data Removed from the sample

# Quality of food and dining opportunities important considerations

Most important travel features by generation n= 1,036

% of respondents

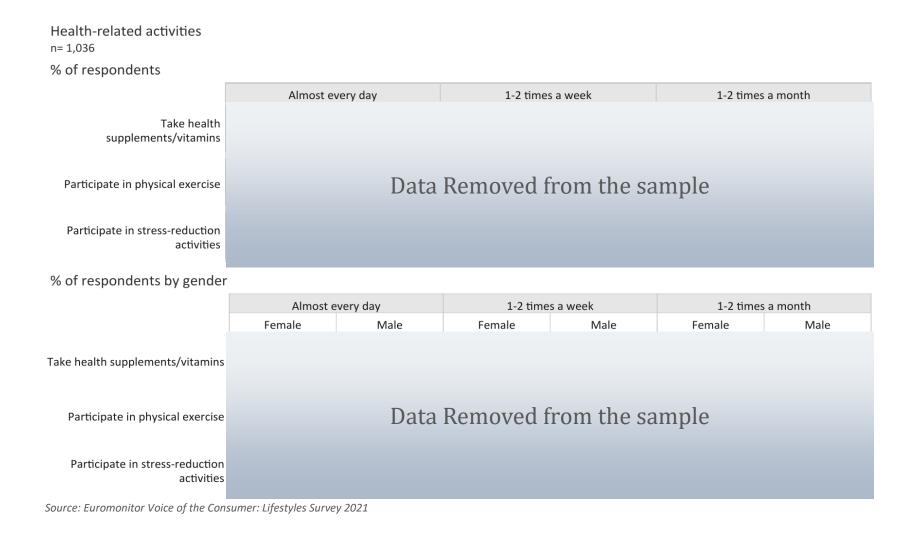


# Health and wellness

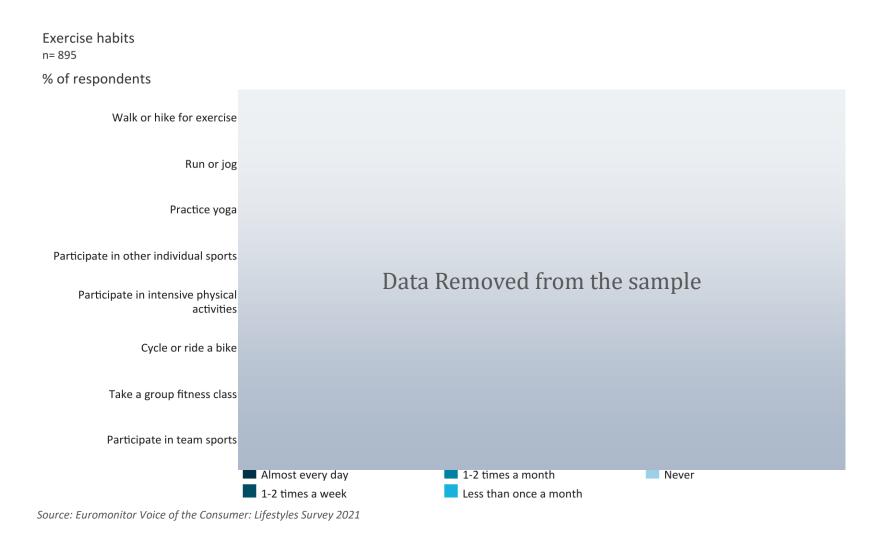
#### Content Removed from the sample



## Women more actively engaged with caring for their health and wellness



# Walking and running most regular exercise habits



### Running is the exercise of choice for younger generations

Exercise habits by generation n= 895

% of respondents (At least weekly)



### Majority use massage to alleviate stress, but yoga above global average



### Gen Z less likely to use herbal remedies than other generations

Stress-reduction activities in previous 6 months by generation

n= 722

% of respondents



# Shopping habits

#### Content Removed from the sample



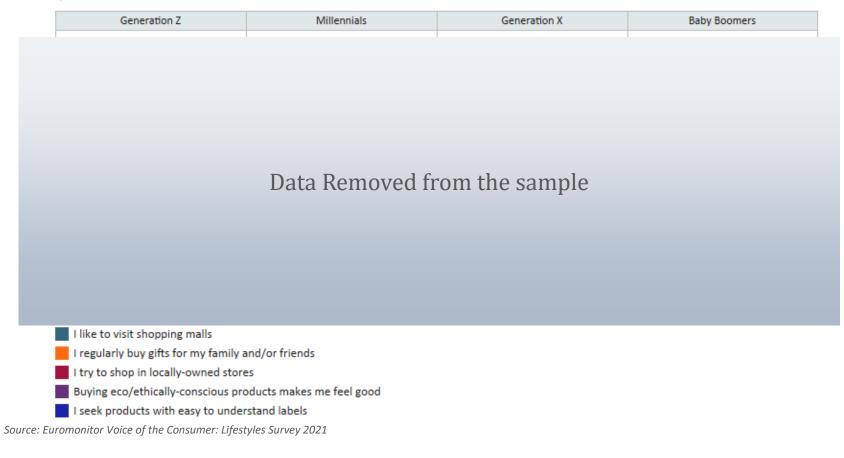
# Mall shopping popular, but consumers buy less to afford higher quality

Attitudes and preferences n= 1,036		
% of respondents		Global
I like to visit shopping malls		
I would rather buy fewer, but higher quality things		
I seek products with easy to understand labels		
Buying eco/ethically-conscious products makes me feel good	Data Removed from the sample	Data Removed
I try to purchase locally-sourced products and services	Duta Removed from the Sumple	from the sample
I regularly buy gifts for my family and/or friends		
I look for personalised and tailored shopping experiences		
I seek niche brands that are hard-to-find or unique		
Source: Euromonitor Voice of the Consumer: Lifestyles Su	rvey 2021	

# Baby Boomers most avid mall shoppers; Gen Z more likely to shop local

Attitudes and preferences by generation n= 1,036

#### % of respondents



# Consumers less likely to trust independent consumer reviews

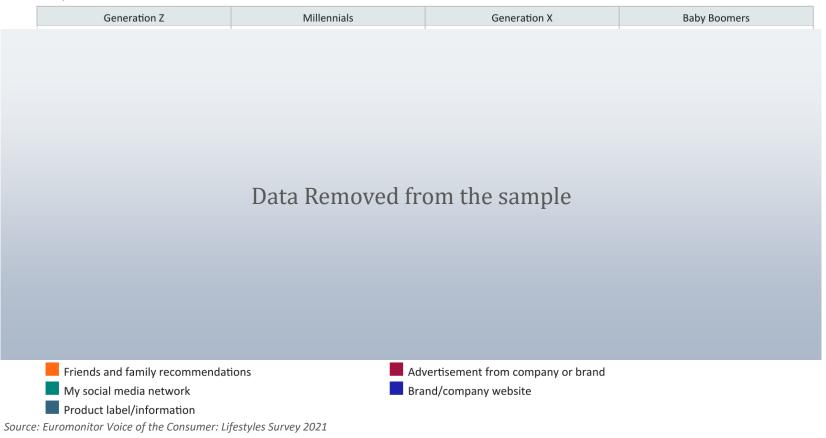
Shopping influences n= 1,036				
% of respondents		Global		
Friends and family recommendations				
Product label/information				
Independent consumer reviews				
Brand/company website				
My social media network	Data Removed from the sample	Data Removed		
Advertisement from company or brand	Data Removed from the sample	from the sample		
Blogger/social media influencer				
Brand/company social media accounts				
Expert organisations				
Celebrity endorsement				
Source: Euromonitor Voice of the Consumer: Lifestyles Sur	vey 2021			

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### Younger consumers more influenced by friends/family recommendations

Shopping influences by generation n=1,036

% of respondents



# The convenience factor of subscription services biggest motivator

Subscription service motivations n= 568	
% of respondents	
Convenience	
I was given a subscription as a gift	
Enjoy the products and/or brand	
Able to try a variety of new products	
I had a discount code to try for free or reduced rate	
Recommendation from friends/family	Data Removed from the sample
Receive tailored products according to my preferences	
Novelty/to try something new	
To save money	
I do not have time to shop	
Better value than buying on my own	

# Seeing and trying products a strong motivation to shop in-store

Key in-store shopping motiva n= 1,036	tions
% of respondents	
See or try before buying	
Immediate purchase	
Convenient location/access	
To avoid paying for shipping	
Stores are more trustworthy	Data Removed from the sample
Better warranty/easier to return	
Able to use loyalty/rewards	
In-store advice	
See new products/trends	
No delivery-related hassles	

# All generations share the see, try, buy immediate purchase motivations

Key in-store shopping motivations by generation  ${\sf n}{\sf =}$  1,036

% of respondents



### Online shoppers more motivated by the satisfaction of instant purchase

Key online shopping motivations n= 1,025

% of respondents

Immediate purchase Best price Product information, comparison, and reviews Ability to order at any time, from anywhere Variety of brands Data Removed from the sample Free shipping Ability to access site on different devices To buy products/brands not available locally Desired model of the product was not available Ease and availability of delivery Source: Euromonitor Voice of the Consumer: Lifestyles Survey 2021

# Best prices found online also a key motivation for Millennials and older

Key online shopping motivations by generation  $n \mbox{=} 1,025$ 

% of respondents



# Technology

#### Content Removed from the sample



Managing privacy settings and protecting personal data biggest concern

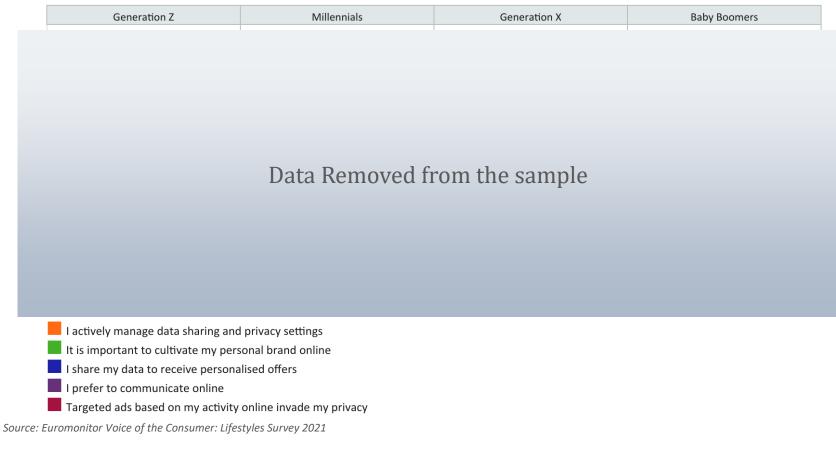
Attitudes towards technology n= 1,036		
% of respondents (Agree or strongly ag	gree)	Global
I actively manage data sharing and privacy settings		
Targeted ads based on my activity online invade my privacy		
I prefer to communicate online		
I share my data to receive personalised offers	Data Removed from the sample	Data Removed from the sample
It is important to cultivate my personal brand online		
l prefer online virtual experiences to real world experiences		
I freely share personal information online		
Source: Furomonitor Voice of the Consumer: Lifest	vles Survey 2021	

### Older generations more likely to see targeted advertisements as invasive

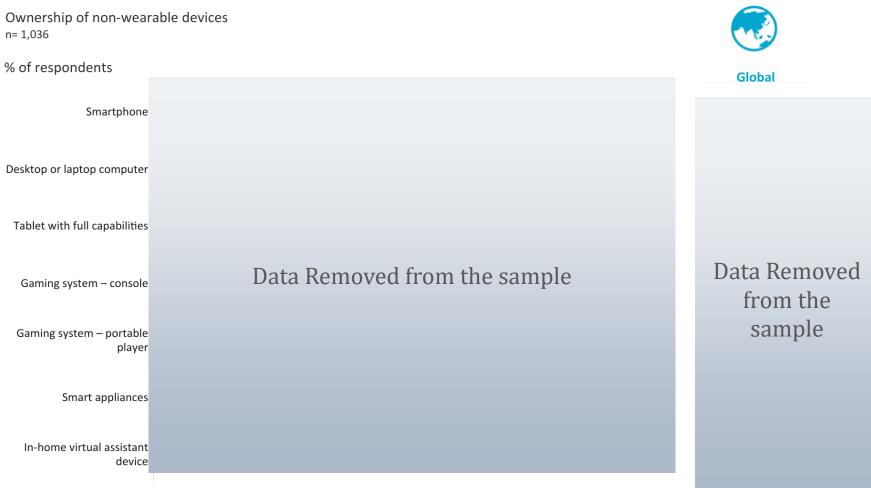
Attitudes towards technology by generation

n= 1,036

% of respondents (Agree or strongly agree)



#### In-home virtual assistant ownership behind global average



# Smartwatch ownership above global average



# Nearly half of all respondents participate in online video gaming

Online activities n= 1,036		
% of respondents (At least weekly)		Global
Browse online		
Visit or update social networking sites		
Visit online news sites		
Take part in online video gaming	Data Removed from the sample	Data Removed
Visit health-related or medical sites		from the sample
Write a review for a product or service		
Visit an online dating or matchmaking website		
Use augmented or virtual reality to enhance my shopping experience		
Source: Euromonitor Voice of the Consumer: Lifest	yles Survey 2021	

## All generations active on social networks, including over 70% of Boomers

Online activities by generation n= 1,036

% of respondents (At least weekly)



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