

WORLD MARKET FOR CONSUMER HEALTH

October 2020

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purposes only.

Some content and data have been

changed.

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Introduction

Global Outlook

Leading Companies and Brands

Key Trends for Consumer Health During Coronavirus

Market Snapshots





Scope

The Consumer Health Industry Overview provides a top-line industry overview of

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Key trends shaping consumer health

| Trend | Expected long-term implications | Historic impact | Forecast impact |
|--|--|--------------------|--------------------|
| Booming immunity | Immunity functionality, which has emerged during COVID-19 as a central concern for global consumers, is set for strong forecast growth. The expansion of immunity into new formats, ingredients and positionings is likely to drive category innovation into the forecast period. | Moderate impact | Strong impact |
| Rising interest in general health | As immunity mainstreams, it will also raise focus on and interest in general health as a part of broader, holistic health considerations. During COVID-19, this effect has already occurred, with general health products such as multivitamins seeing strong growth. Expect that to continue in the near term. | Low impact | Moderate impact |
| Digital health's moment | Distancing and lockdowns accelerated forecast movement towards digital health, with telehealth in particular seeing significant rates of adoption in 2020. Increasing consumer comfort in these platforms is likely to generate connections with and interest in adjacent consumer health products. | Low impact | Strong impact |
| Further blurring category lines | Consumer health has been beset by category blurring for years now, and even the newest trends are accelerating this trend, with new immunity products blurring between sleep, stress, general health, digestive health, and anti- inflammation, among others. This trend will continue apace into the forecast. | Moderate impact | Strong impact |
| The rise of mental health | The sharp changes brought on by COVID-19 have stimulated a rising recognition of the mental aspects of healthy living, surging the demand for behavioural solutions as well as adaptogenic supplements. Given difficulties in changing the direct stressors in modern life, expect further development of products intended to meet these sensitive needs. | Low impact | Strong impact |

COVID-19's impact on consumer health

| Immunity demand set for strong near-term performance | Limited movement and lockdowns suppress sales for many categories | Leapfrogging into e- commerce |
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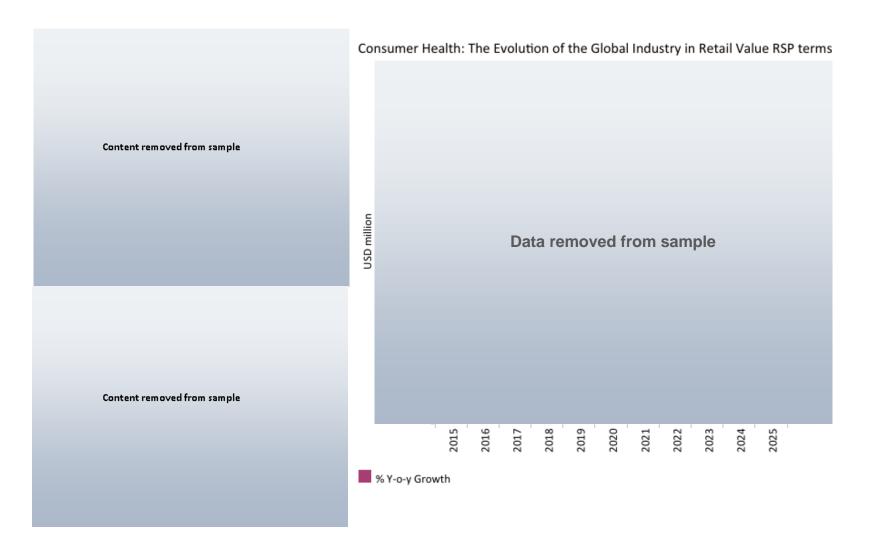
Market Snapshots



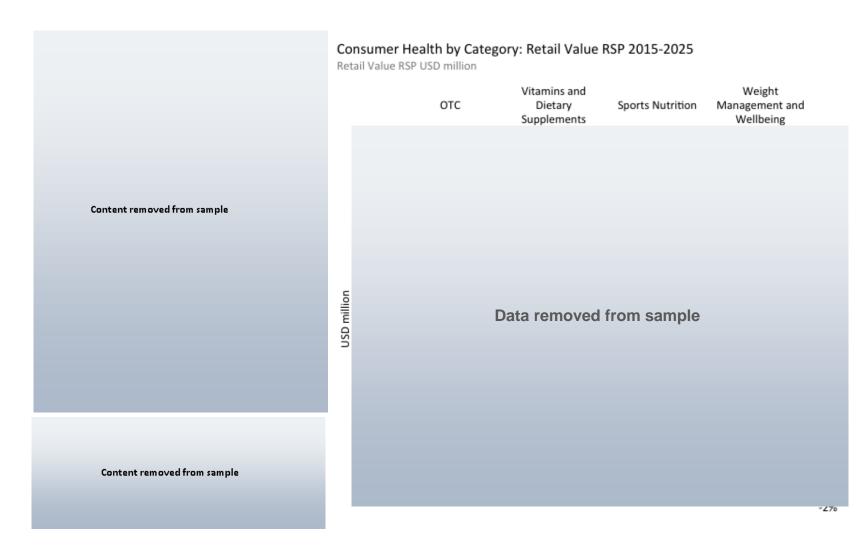
Consumer health in context

World: Consumer Goods by Industry Size and Growth 2015-2020 Packaged Food Beauty and Personal Care Apparel and Footwear Consumer Appliances Home and Garden Consumer Health Home Care Soft Drinks Alcoholic Drinks USD million Data removed from sample

Global consumer health sees slight softening of growth in 2020



Effects of COVID-19 are starkly different among categories



Despite 2020 decline, long-term growth of sports nutrition still strong

Consumer Health: Map Showing the Fastest Growing Category over the Historic Period in Each Market

Consumer Health: Top 20 Markets 2020

USD million USD Per Capita/Per Household

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|---|------------------|
| | |
| отс | Sports Nutrition |
| Vitamins and Dietary Supplements Weight Management and Wellbeing | Sports Nutrition |

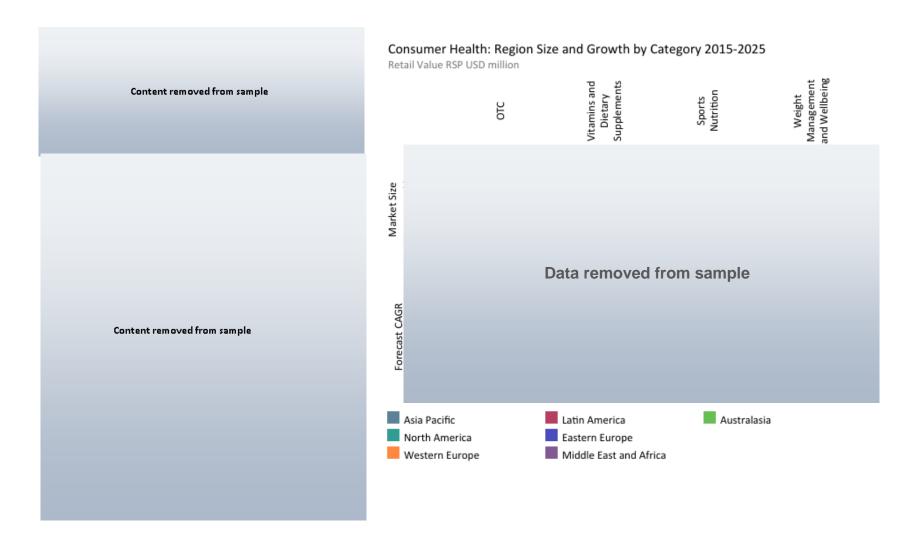
US Australia Finland Norway Japan Taiwan Switzerland Hong Kong, China Sweden Singapore Data removed from sample Canada Italy South Korea Belgium Denmark Austria UK Germany New Zealand Ireland

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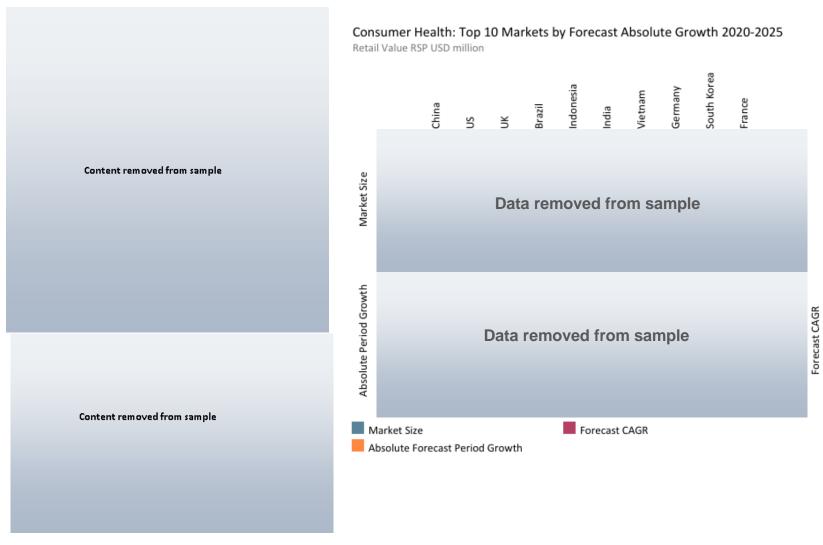
Asia Pacific's sales blip in 2020 unlikely to continue over the forecast



Parity of VDS and OTC tells different stories of the future of the industry



China rebound to lead Asia's consumer health resurgence in forecast

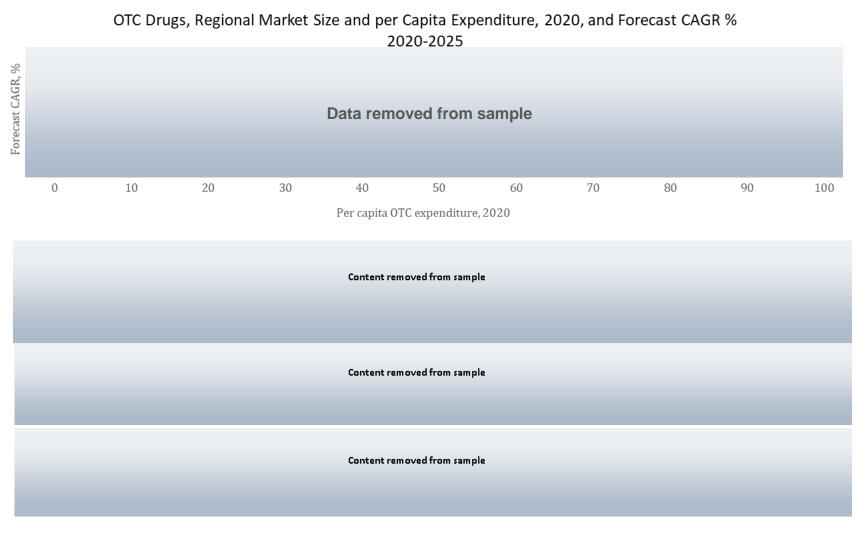


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How to evaluate the global outlook for OTC drugs

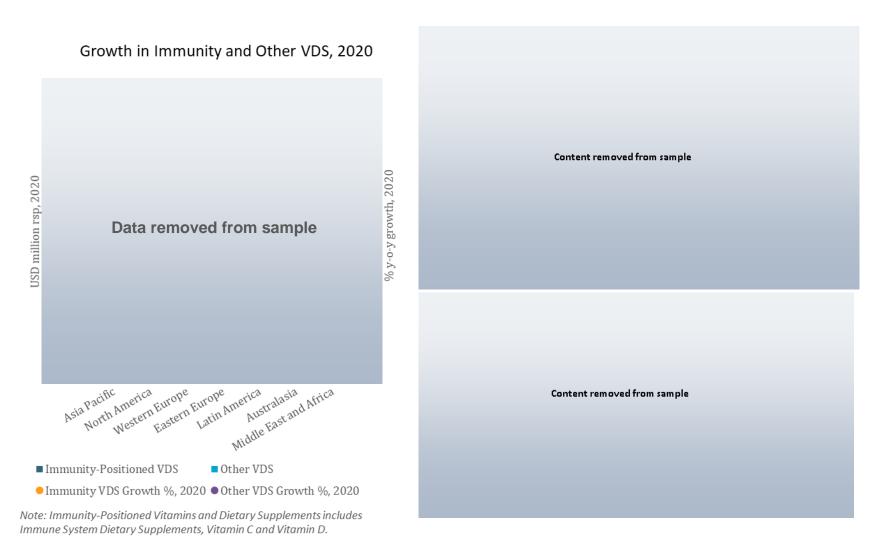


Despite COVID-19, OTC forecasts will eventually settle at historic norms



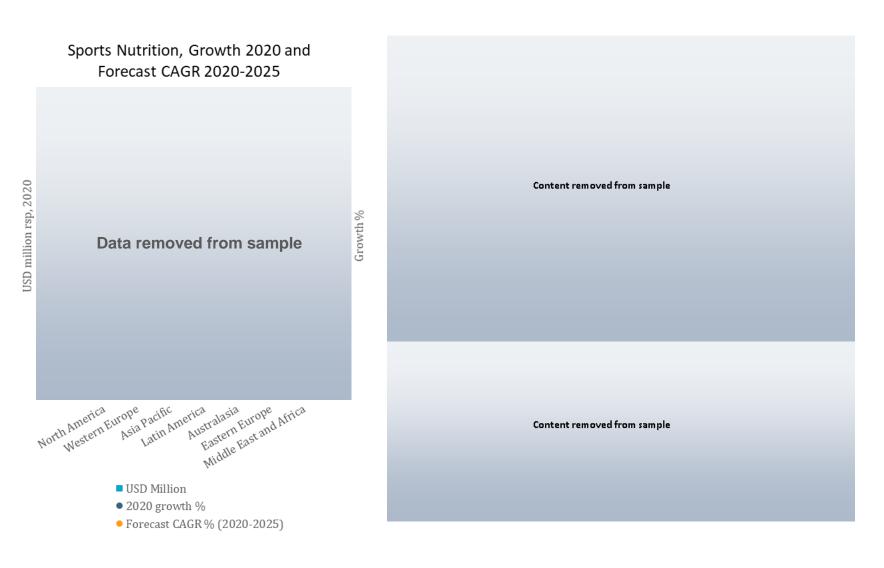
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Immunity sustains VDS growth globally in 2020, but can it continue?



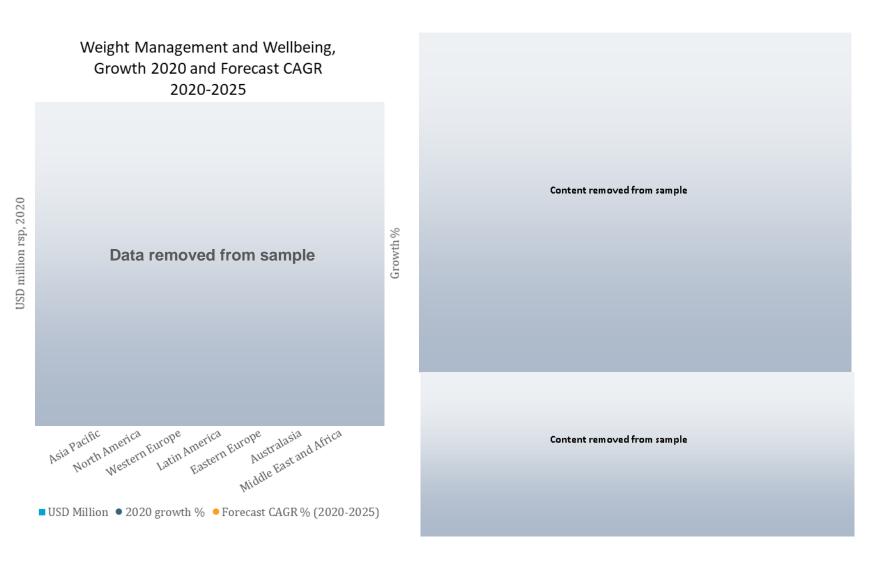
GLOBAL OUTLOOK

Sports nutrition suffers in 2020, likely to rebound quickly in forecast



GLOBAL OUTLOOK

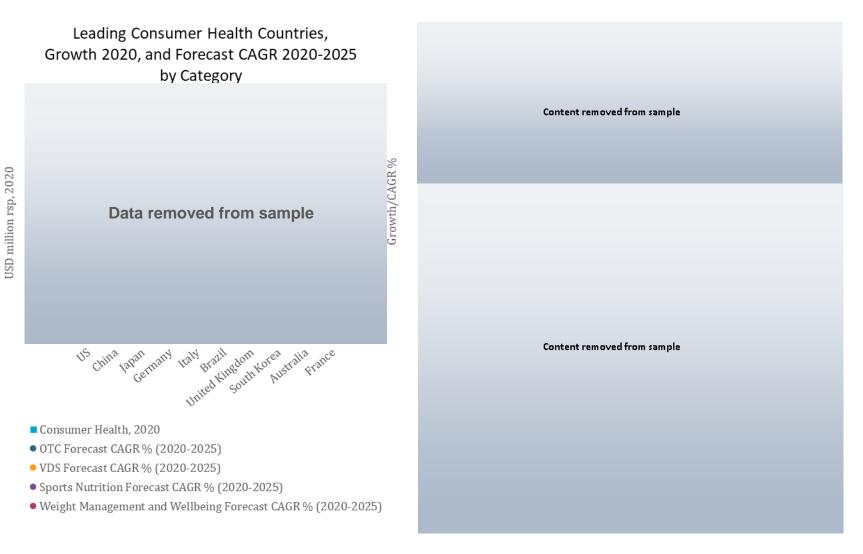
COVID-19 not kind to weight management either, but rebound likely



Store-based shutdowns and social distancing push sales to e-commerce



Consumer health in 2025: Re-emergence of innovation and outreach





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Global Outlook

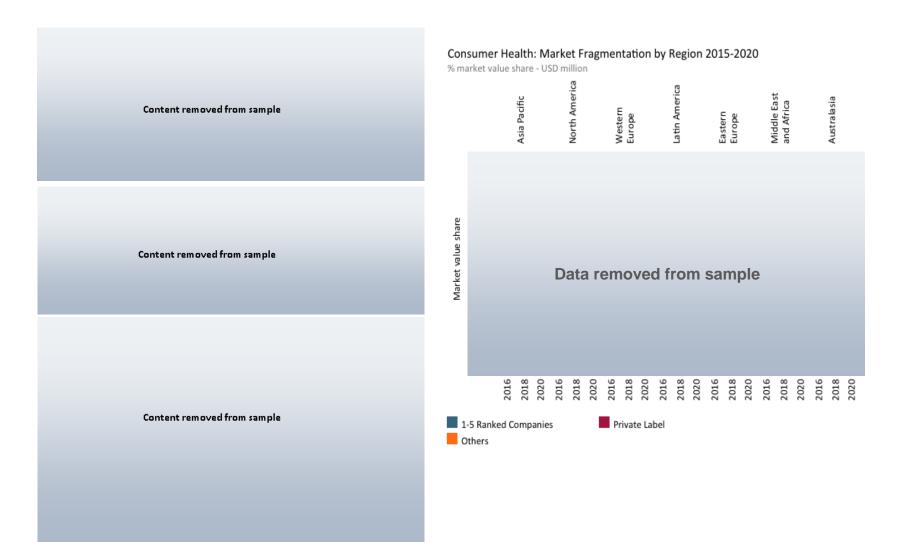
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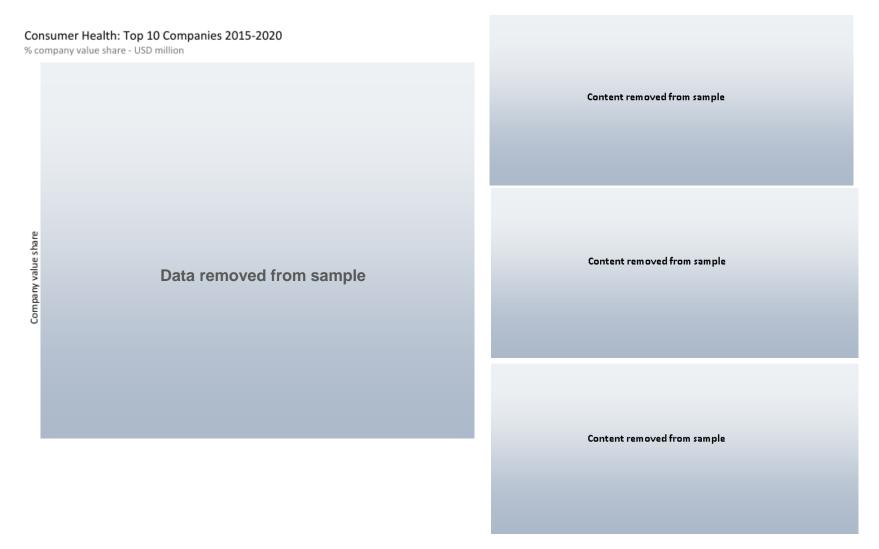
Market Snapshots



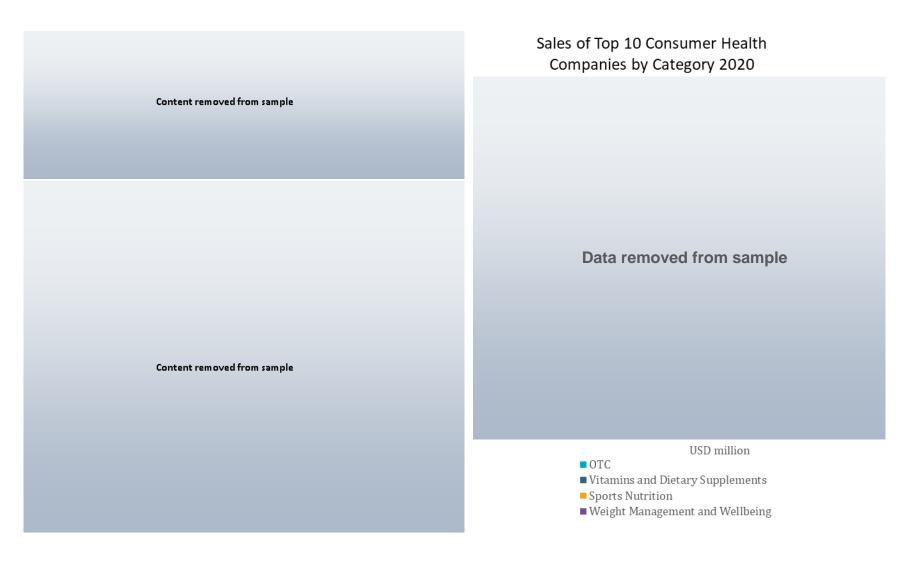
COVID-19 limits gains by upstarts, provides promising area for acquisitions



Performance in 2020 among leaders depends on COVID-19 compatibility

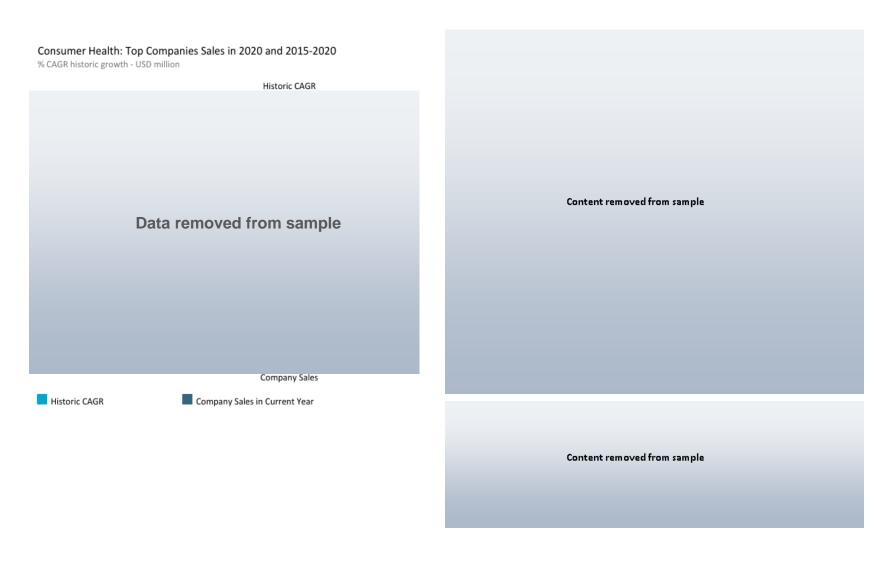


Portfolio diversification does not tell the whole story during COVID-19



LEADING COMPANIES AND BRANDS

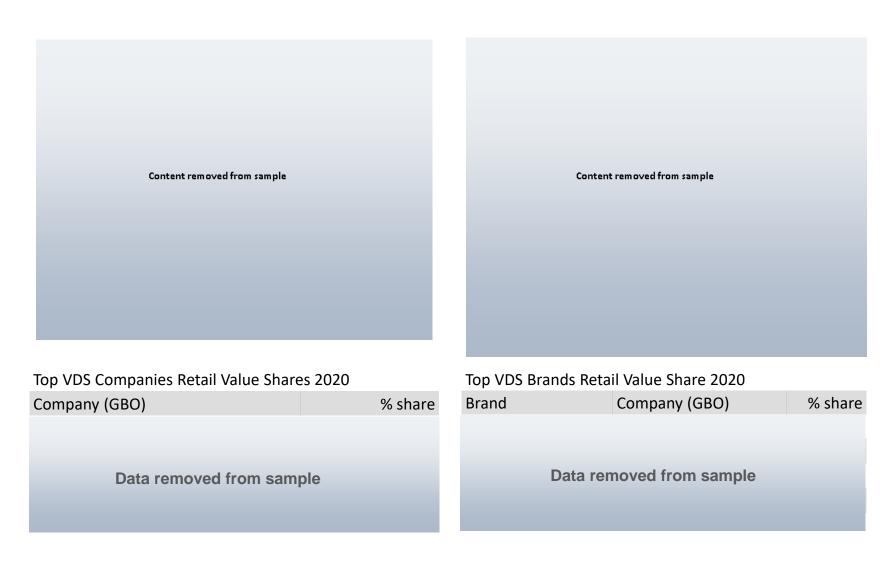
Top growing companies cluster in prevention categories



Market fragmentation: OTC products



Market fragmentation: vitamins and dietary supplements



Market fragmentation: sports nutrition



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Market fragmentation: weight management and wellbeing



| Company (GBO) | % value | Brand | Company (GBO) | % value |
|--------------------------|---------|--------------------------|---------------|---------|
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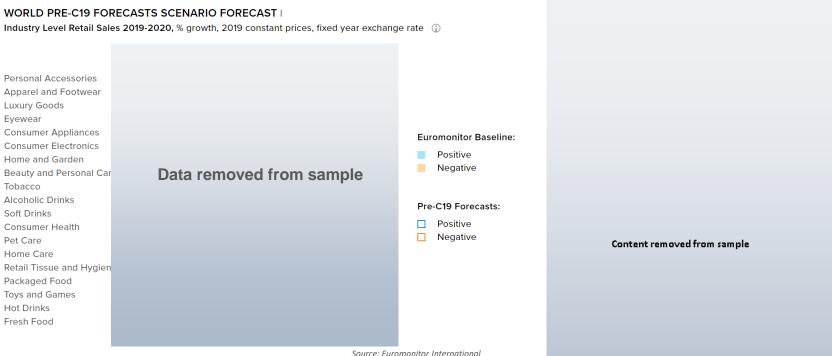


COVID-19 has broken industry consensus on future growth



Survey, May 2020; survey of 449 consumer health experts

Consumer health is among the industries most unaffected by COVID-19



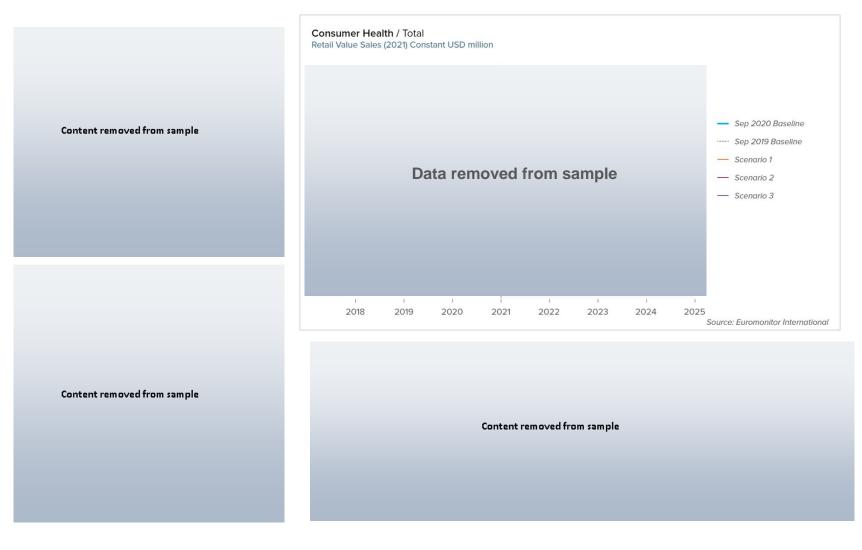
Source: Euromonitor International Last updated September 15, 2020

Revisiting the forecast for consumer health under future scenarios

 Given the ongoing uncertainty with COVID-19, Euromonitor has built various likely scenarios of future growth. These scenarios have been adjusted and updated frequently since the outset of COVID-19, with the most recent showcased in this briefing from early September 2020.

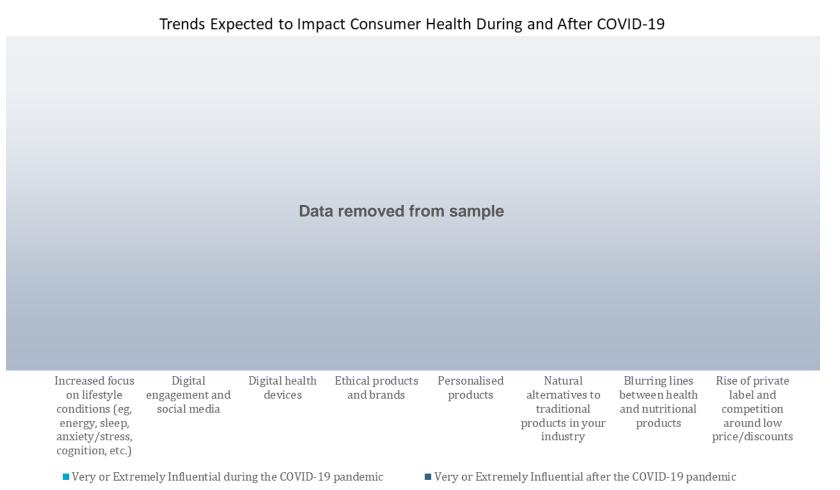
| Pre-C19 Forecast | New Baseline | C19 Pessimistic 1 | C19 Pessimistic 2 | C19 Pessimistic 3 |
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Pessimistic scenarios shackle near-term growth prospects



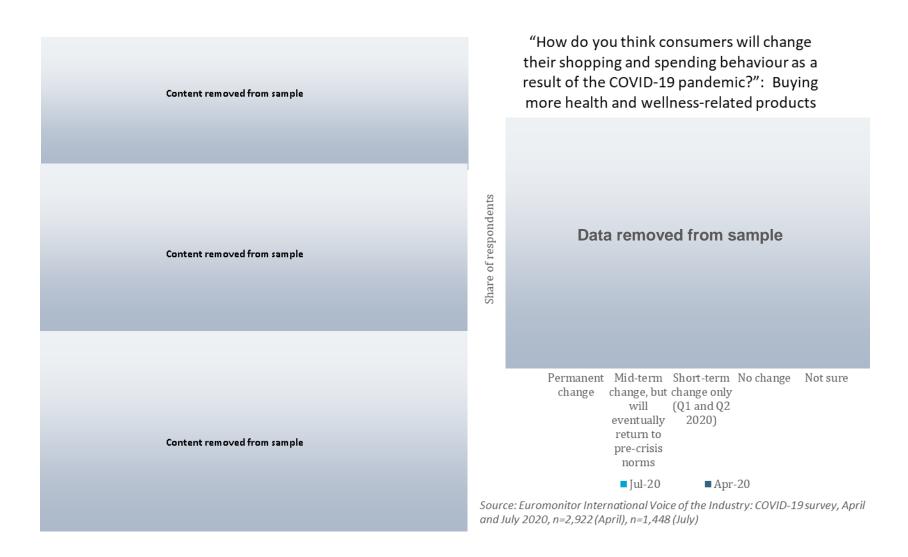
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Euromonitor's Industry Insights Survey nods to near-term transformation

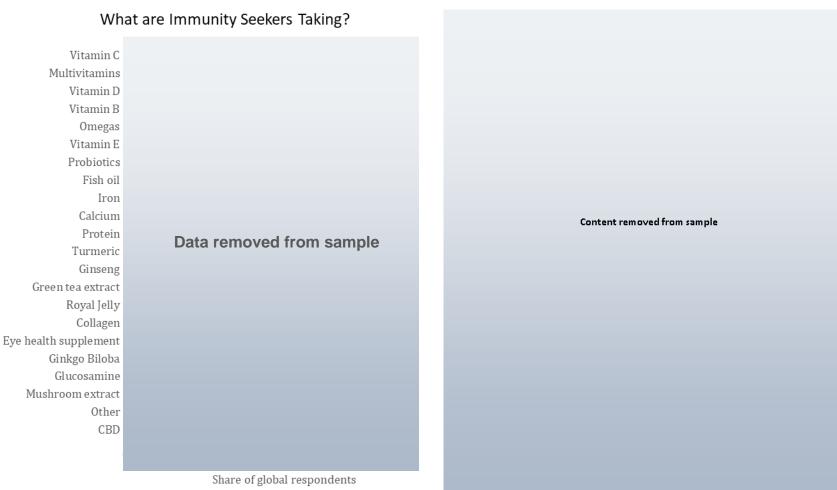


Source: Euromonitor International Voice of the Industry: Consumer Health Survey, May 2020; survey of 449 consumer health experts

How long will the movement to immunity last?

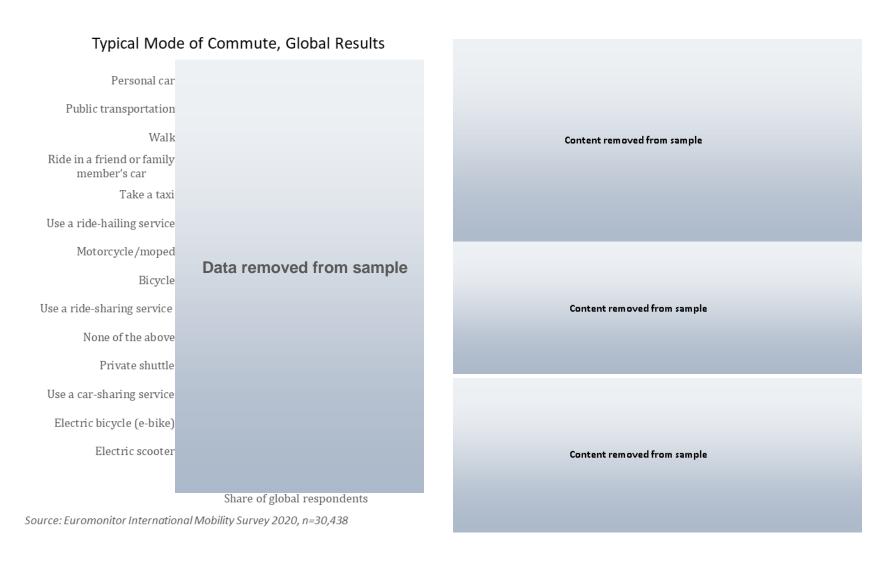


Near-term innovation in immunity likely

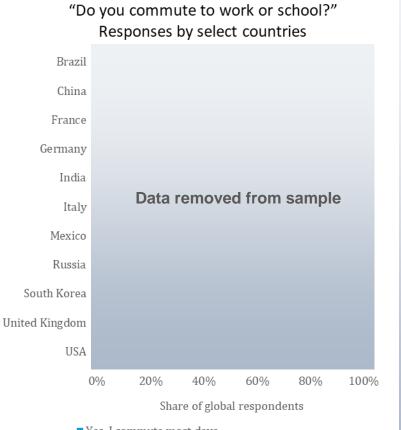


Source: Euromonitor International Health & Nutrition Survey 2020, n=6,918

Distancing and limits to movement to constrain sales growth into 2021



Consumer health rebound tied to trajectory of COVID-19

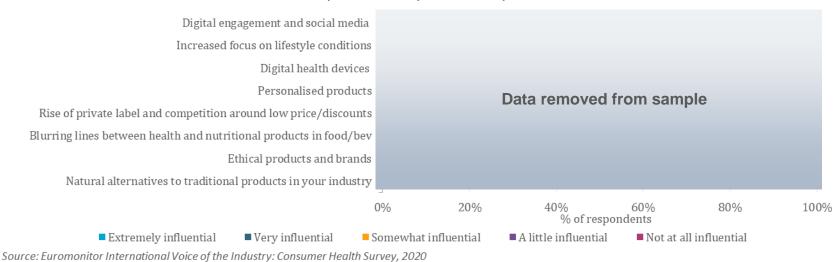


- Yes, I commute most days
- Yes, I commute at least one or two days each week
- No, I do not typically commute to work or school

Source: Euromonitor International Mobility Survey 2020, n=30,438

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Envisaging the future without COVID-19: Digital health

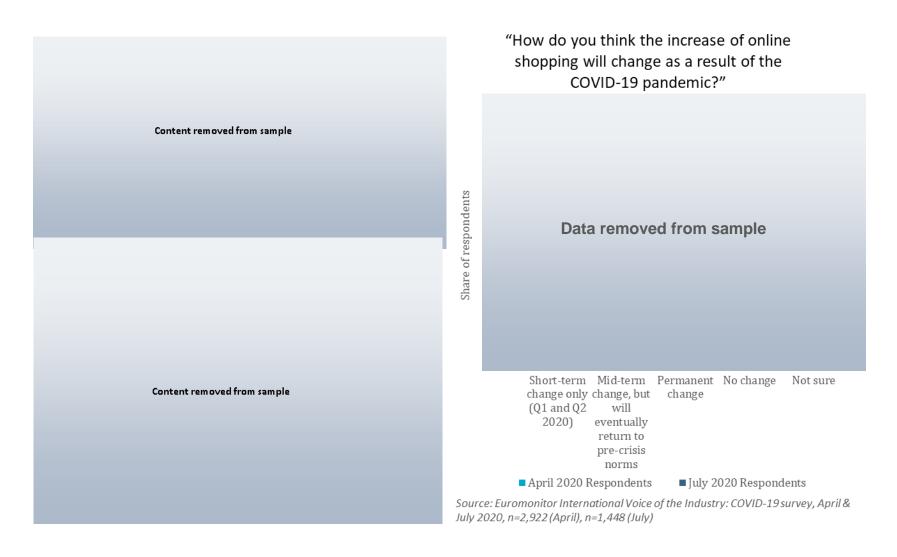


Trends Expected to Impact Industry After COVID-19

Question: Please rate the level of influence you expect these trends to have after the COVID-19 pandemic.

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Envisaging the future without COVID-19: The evolution of e-commerce





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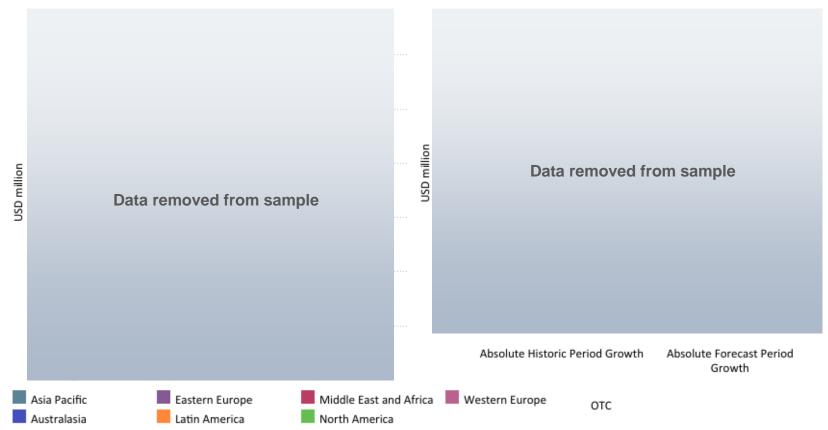
Global snapshot of OTC

OTC: Evolution of Global Market 2015-2025

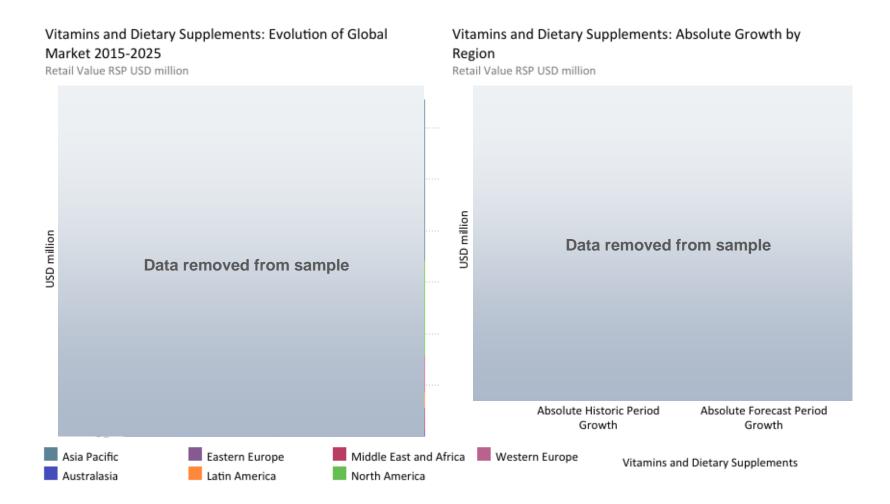
Retail Value RSP USD million

OTC: Absolute Growth by Region

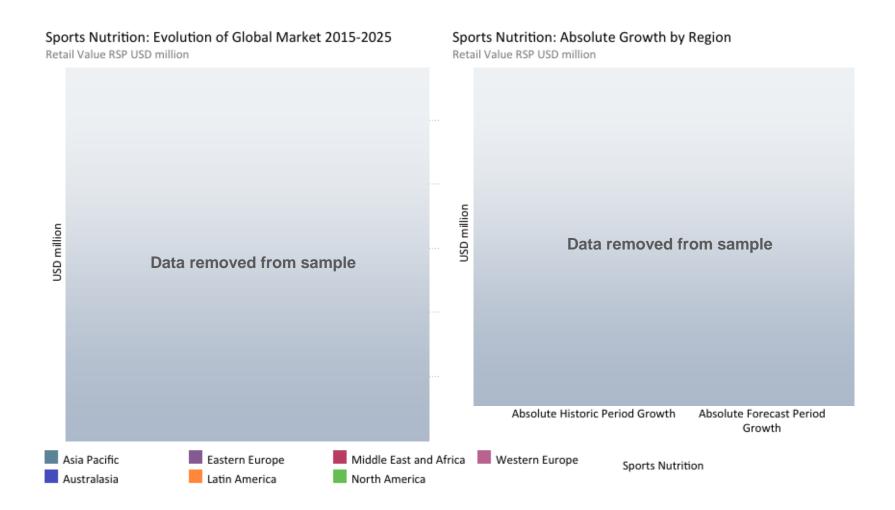
Retail Value RSP USD million



Global snapshot of vitamins and dietary supplements



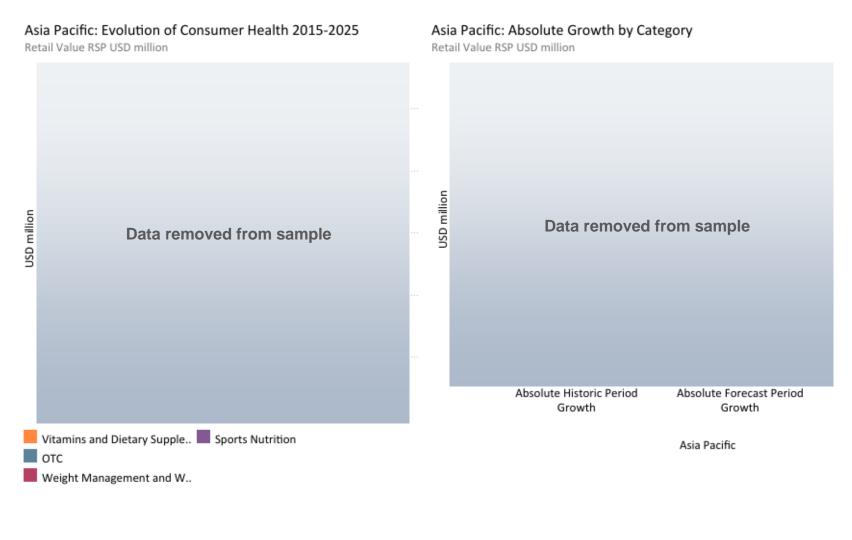
Global snapshot of sports nutrition



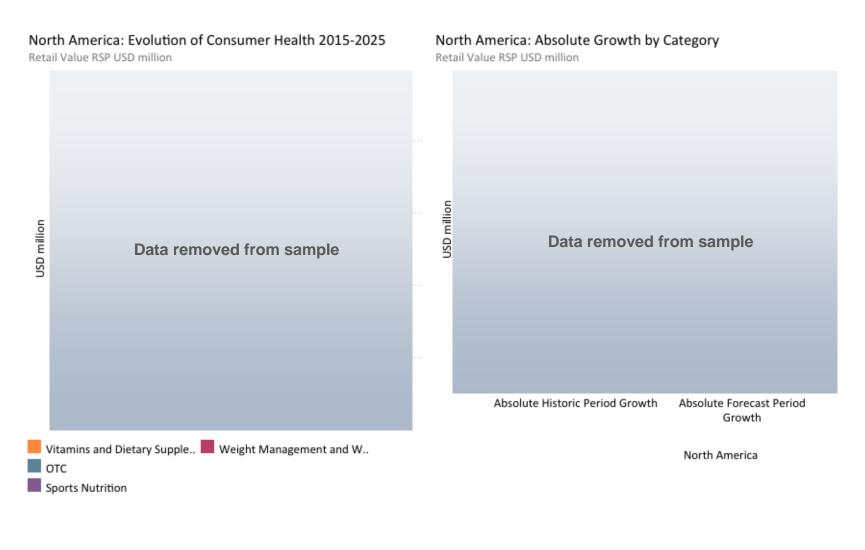
Global snapshot of weight management and wellbeing



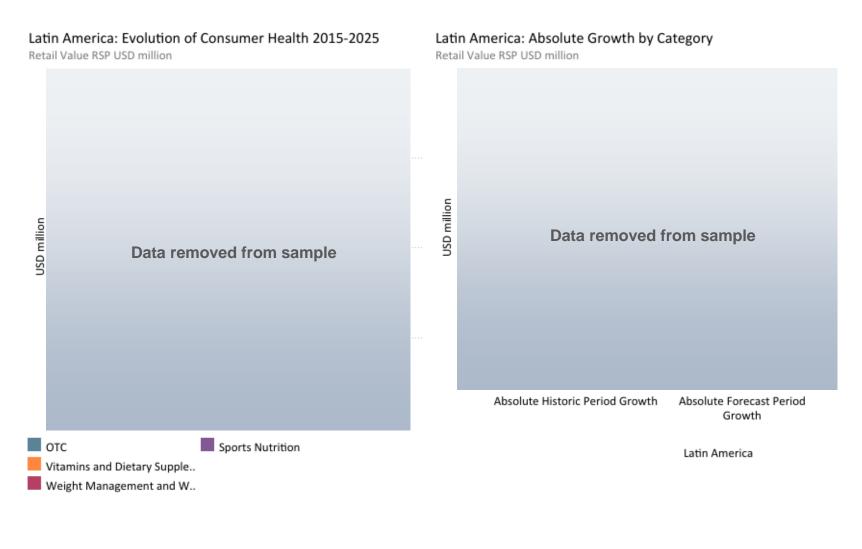
Regional snapshot: Asia Pacific



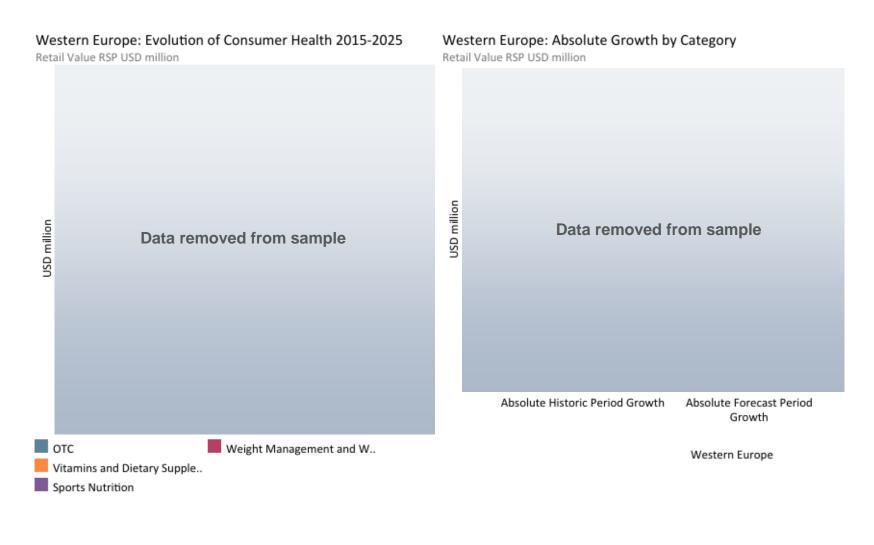
Regional snapshot: North America



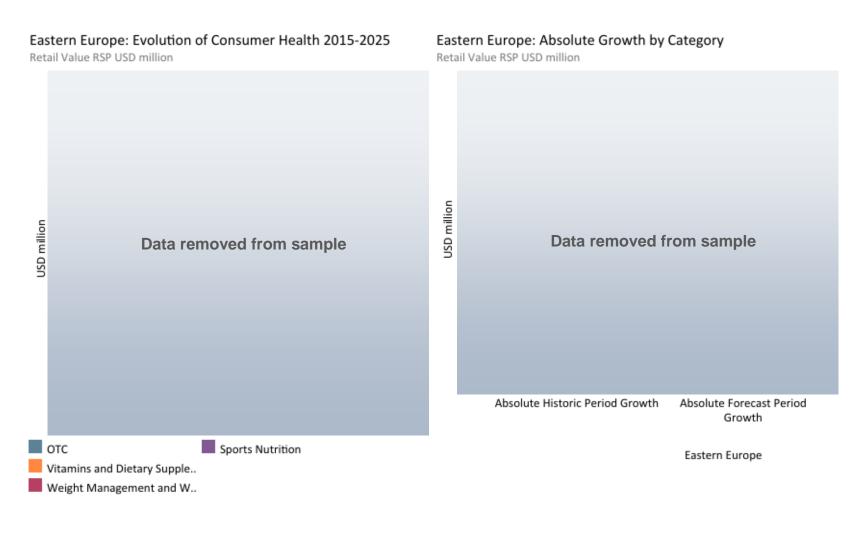
Regional snapshot: Latin America



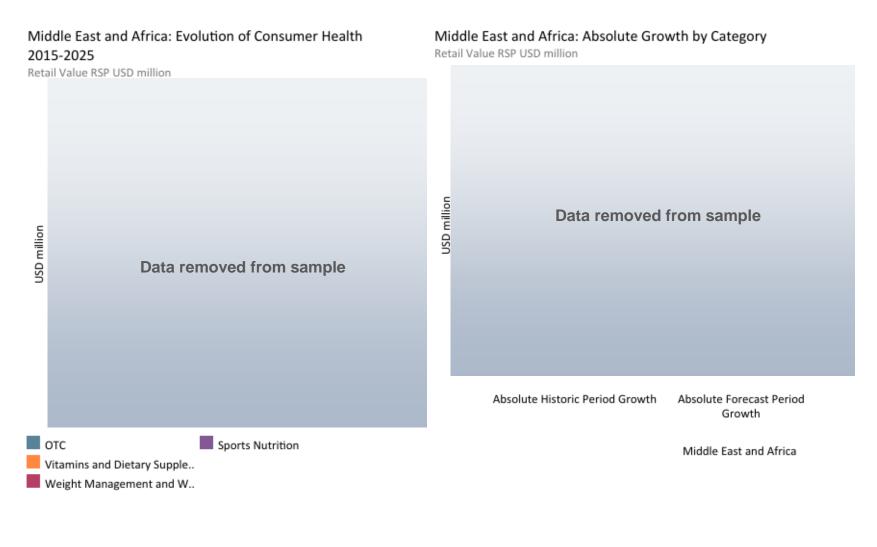
Regional snapshot: Western Europe



Regional snapshot: Eastern Europe



Regional snapshot: Middle East and Africa



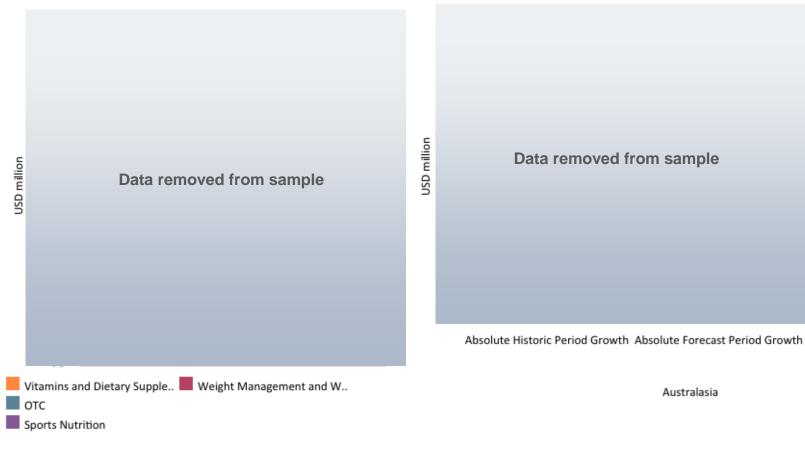
Regional snapshot: Australasia

Australasia: Evolution of Consumer Health 2015-2025

Retail Value RSP USD million

Australasia: Absolute Growth by Category

Retail Value RSP USD million



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